


Monday	Tuesday	Wednesday	Thursday	Friday
1 CLOSED	2 AM: Daily Chronicles Newsletter 100 Word Challenge Outside Walk 12:00 Lunch by AgingNext PM: Huell Howser Episode Snack Coloring Activity Sit, Chat, and Music	3 AM: Daily Chronicles Newsletter Plant that Word Challenge Outside Walk 12:00 Lunch by AgingNext PM: Documentary Snack Bingo Sit, Chat, and Music	4 AM: Daily Chronicles Newsletter Baby Animal Matching Activity Outside Walk 12:00 Lunch by AgingNext PM: Movie Snack Shake that Memory Sit, Chat, and Music	5 AM: Daily Chronicles Newsletter Daily Dose of Nostalgia Outside Walk 12:00 Lunch by AgingNext PM: National Geographic Episode Snack Memory Magic Sit, Chat, and Music
8 AM: Daily Chronicles Newsletter Daily Dose of Nostalgia Detective Drawer 12:00 Lunch by AgingNext PM: Endless Fitness Snack Shake that Truth Sit, Chat, and Music	9 AM: Daily Chronicles Newsletter 100 Word Challenge Outside Walk 12:00 Lunch by AgingNext PM: Movie Snack 5 Senses Activity Sit, Chat, and Music	10 AM: Daily Chronicles Newsletter Painted Bubbles Outside Walk 12:00 Lunch by AgingNext PM: Therapy Dog Visit Snack Around the Grand Canyon Episode Sit, Chat, and Music	11 AM: Daily Chronicles Newsletter Plant that Word Challenge Outside Walk 12:00 Lunch by AgingNext PM: Sing and be Fit Snack Jingo Sit, Chat, and Music	12 AM: Daily Chronicles Newsletter Categories Challenge Outside Walk 12:00 Lunch by AgingNext PM: Visit from Tricia's Dogs Huell Howser Episode Snack Sit, Chat, and Music
15 CLOSED	16 AM: Daily Chronicles Newsletter MLK Plaque Arts and Crafts Outside Walk 12:00 Lunch by AgingNext PM: National Geographic Episode Snack Memory Magic Sit, Chat, and Music	17 AM: Daily Chronicles Newsletter Daily Dose of Nostalgia Outside Walk 11:00 AM Bus to Claremont Manor PM: Movie Snack Puzzles Sit, Chat, and Music	18 AM: Daily Chronicles Newsletter January I Trivia Outside Walk 12:00 Lunch by AgingNext PM: Sing and Be Fit Snack Bingo Sit, Chat, and Music	19 AM: Daily Chronicles Newsletter 100 Word Challenge Outside Walk 12:00 Lunch by AgingNext PM: Documentary Snack Utah Word Search Sit, Chat, and Music
22 AM: Daily Chronicles Newsletter Daily Dose of Nostalgia 100 Word Challenge 12:00 Lunch by AgingNext PM: Endless Fitness Snack Puzzles Sit, Chat, and Music	23 AM: Daily Chronicles Newsletter High Low Card Game Outside Walk 12:00 Lunch by AgingNext PM: Movie Snack Arts and Crafts Sit, Chat, and Music	24 AM: Daily Chronicles Newsletter Detective Drawer Outside Walk 12:00 Lunch by AgingNext PM: Sing and Be Fit Snack Jingo Sit, Chat, and Music	25 AM: Daily Chronicles Newsletter Plant that Word Challenge Outside Walk 12:00 Lunch by AgingNext PM: National Geographic Episode Snack Baby Bird Name Word Search Sit, Chat, and Music	26 AM: Daily Chronicles Newsletter Memory Magic Outside Walk 12:00 Lunch by AgingNext PM: Visit from Tricia's Dogs Movie Snack Sit, Chat, and Music
29 AM: Daily Chronicles Newsletter Food IV Trivia Outside Walk 12:00 Lunch by AgingNext PM: Movie Snack Yes/No Game Sit, Chat, and Music	30 AM: Daily Chronicles Newsletter Cranium Crunches Outside Walk 12:00 Lunch by AgingNext PM: National Geographic Episode Snack Bingo Sit, Chat, and Music	31 AM: Daily Chronicles Newsletter David and Joslyn Jammers Outside Walk 12:00 Lunch by AgingNext PM: Celebrate all of January Birthday's Snack Puzzles Sit, Chat, and Music	 <p>agingnext Live well. Age well.</p> <h1>January 2024</h1>	