


Monday	Tuesday	Wednesday	Thursday	Friday	
<p>AM: Meet and Greet Daily Chronicles Newsletter Daily Dose of Nostalgia 12:00 Lunch by AgingNext PM Endless Fitness Snack Cranium Crunches Sit, Chat, and Music</p> <p style="text-align: right;">2</p>	<p>AM: 10:00 Meet and Greet 10:30 Daily Chronicles Newsletter 11:00 Trivial Tease (Sayings I) 11:45 Outside Walk 12:00 Lunch by AgingNext PM Music Video Silverado Presents Sit, Chat, and Music</p> <p style="text-align: right;">3</p>	<p>AM: Meet and Greet Daily Chronicles Newsletter Outside Walk 12:00 Lunch by AgingNext PM: Movie Snack Jingo Sit, Chat, and Music</p> <p style="text-align: right;">4</p>	<p>AM: Meet and Greet Daily Chronicles Newsletter Daily Dose of Nostalgia 11:30 Lunch at Joslyn PM Documentary Snack Arts and Crafts Sit, Chat, and Music</p> <p style="text-align: right;">5</p>	<p>AM: Meet and Greet Daily Chronicles Newsletter Outside Walk 12:00 Lunch by AgingNext PM: Visit from Tricia's Dogs Snack Grocery Shopping Game Sit, Chat, and Music</p> <p style="text-align: right;">6</p>	
<p>AM: Meet and Greet Daily Chronicles Newsletter Outside Walk 12:00 Lunch by AgingNext PM National Geographic Episode Snack Detective Drawer Sit, Chat, and Music</p> <p style="text-align: right;">9</p>	<p>AM Meet and Greet Daily Chronicles Newsletter 100 Word Challenge Outside Walk 12:00 Lunch by AgingNext PM; Silverado Presents Sit, Chat, and Music</p> <p style="text-align: right;">10</p>	<p>AM: Meet and Greet 10:30 Daily Chronicles Newsletter 11:45 Outside Walk 12:00 Lunch by AgingNext PM: Therapy Dog (Humane Society) Snack National Geographic Episode Sit, Chat, and Music</p> <p style="text-align: right;">11</p>	<p>AM: Meet and Greet Daily Chronicles Newsletter 11:20 Bus to Blaisdell 12:00 Lunch at Blaisdell Center PM: Documentary Snack Crafts Sit, Chat, and Music</p> <p style="text-align: right;">12</p>	<p>AM: Meet and Greet Daily Chronicles Newsletter 100 Word Challenge 12:00 Lunch by AgingNext PM: Sing and Be Fit Snack Shake that Memory Sit, Chat, and Music</p> <p style="text-align: right;">13</p>	
<p>AM: Meet and Greet Daily Chronicles Newsletter Outside Walk 12:00 Lunch by AgingNext PM: Endless Fitness Snack 3:45 Sit, Chat, and Music</p> <p style="text-align: right;">16</p>	<p>AM: Meet and Greet Daily Chronicles Newsletter Outside Walk 12:00 Lunch by AgingNext PM: Silverado Presents Snack Music Video Sit, Chat, and Music</p> <p style="text-align: right;">17</p>	<p>AM: Meet and Greet Daily Chronicles Newsletter Trivial Tease 11:30 Lunch at Claremont Manor PM: Magic Trick by Patrick Castillo Snack Puzzles Sit, Chat, and Music</p> <p style="text-align: right;">18</p>	<p>AM: Meet and Greet Daily Chronicles Newsletter 11:20 Bus to Blaisdell 12:00 Lunch at Blaisdell Center PM: Movie Snack October Word Search Sit, Chat, and Music</p> <p style="text-align: right;">19</p>	<p>AM: Meet and Greet Daily Chronicles Newsletter Outside Walk 12:00 Lunch by AgingNext AM: Visit from Tricia's Dogs Snack Coloring Activity Sit, Chat, and Music</p> <p style="text-align: right;">20</p>	
<p>AM: Meet and Greet Daily Chronicles Newsletter Outside Walk 12:00 Lunch by AgingNext PM: Trivia to New Mexico Snack Detective Drawer Sit, Chat, and Music</p> <p style="text-align: right;">23</p>	<p>AM: Meet and Greet Daily Chronicles Newsletter 100 Word Challenge Outside Walk 12:00 Lunch by AgingNext PM: Silverado Presents Snack Sit, Chat, and Music</p> <p style="text-align: right;">24</p>	<p>AM: Meet and Greet Daily Chronicles Newsletter David and Joslyn Jammers 12:00 Lunch by AgingNext PM: Documentary Snack Jingo Sit, Chat, and Music</p> <p style="text-align: right;">25</p>	<p>AM: Meet and Greet Daily Chronicles Newsletter 11:20 Bus to Blaisdell 12:00 Lunch at Blaisdell Center PM Movie Snack Bingo Sit, Chat, and Music</p> <p style="text-align: right;">26</p>	<p>AM: Meet and Greet Daily Chronicles Newsletter Outside Walk 12:00 Lunch by AgingNext National Geographic Episode Snack Trivia Sit, Chat, and Music</p> <p style="text-align: right;">27</p>	
<p>AM: Meet and Greet Daily Chronicles Newsletter Dot-to-dot #2 11:45 Outside Walk 12:00 Lunch by AgingNext PM: Movie Snack Sit, Chat, and Music</p> <p style="text-align: right;">30</p>	<p>AM: Meet and Greet Daily Chronicles Newsletter 100 Word Challenge Outside Walk 12:00 Lunch by AgingNext PM Silverado Presents Snack Sit, Chat, and Music</p> <p style="text-align: right;">31</p>	 <p style="text-align: center;"><i>Live well. Age well.</i></p> <h1 style="text-align: center;">OCTOBER 2023</h1>			